**PSHE vocabulary**

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| Core 1: Health and Wellbeing | | | | | | |
| Foundation Stage | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
| boy  girl  family  different  same  face  skin  hair  body  like  don’t like  clean  smelly  sponge  towel  hands  washing  brushing teeth  getting dressed  undress  safe/unsafe | Vocabulary of the previous year plus;  physical  behaviour  safety  gender  characteristics  dislike  respect  private parts  new-born  baby  toddler  child  teenager  adult  comfortable  uncomfortable  rules | Vocabulary of the previous year plus; healthy eating  physical activity  risk  opinion  similar  sex  gender  male  female  body parts  diet  tolerance  offspring  elderly  normal  emotions  feelings  emergency  penis  vagina | Vocabulary of the previous year plus;  fostering  young carer  physical  mental  mutual  responsibility  appropriate  internet safety  consideration  hygiene  goal  consequences | Vocabulary of the previous year plus;  lifestyle  unexplainable  wellbeing  isolation  loneliness  harmful  self-care  limited  benefit  physical/emotional change  privacy  marriage  love  target  achievement  hygiene  medicines  nutrition  consequences | Vocabulary of the previous year plus;  puberty  menstruation  menstrual cycle  sanitary towel  tampon  periods  cycle  protection  hair  pubic hair  armpit/underarm  deodorant  bra  breasts  sweat  gestation period  pregnancy  sperm  ovum  fertilisation  egg  misunderstanding  substance misuse medicine/alcohol/drugs/tobacco  aspiration  reproduction  birth | Vocabulary of the previous year plus;  peer pressure  negative pressure  conception  foetus  umbilical chord  ovary/ovaries  fallopian tube  wet dream  erection  ejaculation  embryo  genital  organ  mature  testicles  reproductive organs  bereavement  transition  abuse |
| **Core 2: Relationships** | | | | | | |
| Foundation Stage | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
| mum  dad  sister  brother  grandparents  auntie  uncle  sharing  bullying  family | Vocabulary of the previous year plus; kindness  fairness  relationship  feelings  sharing  name-calling | Vocabulary of the previous year plus; kindness  fairness  opinion  listening  caring  teasing | Vocabulary of the previous year plus; communication  co-operation  relationship  friendship  self-esteem  aggressive  negative/positive behaviour  tolerance  anonymous | Vocabulary of the previous year plus; consideration  peer-pressure  resilience  persistence  cyberbullying  bystander  empathy  diversity  consequences | Vocabulary of the previous year plus;  collaboration  prejudice  conflict resolution  boundaries  gender discrimination  permission seeking | Vocabulary of the previous year plus;  physical contact  racial discrimination  confidentiality  respect  prejudice  conflict resolution  boundaries  consent  intercourse  communication  appropriate/inappropriate |
| Core 3: Living in the wider world | | | | | | |
| Foundation Stage | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
| good/bad choice  school rules  local area  money  notes  coins  bank | Vocabulary of the previous year plus; right/wrong  fair/unfair  rules  borrowing  making choices  jobs  fact/opinion  same/different | Vocabulary of the previous year plus; right/wrong  fair/unfair  rules  making decisions  local environment  spending/saving  beliefs  race  tolerance | Vocabulary of the previous year plus; communities/groups  laws  responsibility  local organisations  charity | Vocabulary of the previous year plus; discrimination  stereotype  financial management  extreme views | Vocabulary of the previous year plus;  democracy  sovereignty  dictatorship  government  monarchy  community roles  budget  loan  tax  interest  discount  extremism | Vocabulary of the previous year plus;  anarchy  United Nations  equal rights  human right  authority  diverse community  financial capability  economic wellbeing  culture  traditions  enterprise  profit/loss  debt/interest |