**PSHE vocabulary**

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| Core 1: Health and Wellbeing  |
| Foundation Stage  | Year 1  | Year 2 | Year 3 | Year 4 | Year 5  | Year 6 |
| boy girl family different sameface skinhair body likedon’t like cleansmellysponge towel handswashing brushing teeth getting dressedundresssafe/unsafe  | Vocabulary of the previous year plus; physicalbehaviour safety gender characteristics dislike respect private partsnew-born baby toddler child teenager adult comfortableuncomfortablerules | Vocabulary of the previous year plus; healthy eatingphysical activity risk opinionsimilar sexgender male femalebody parts diet tolerance offspring elderly normal emotions feelings emergency penis vagina   | Vocabulary of the previous year plus; fostering young carer physical mental mutual responsibility appropriate internet safetyconsiderationhygiene goalconsequences | Vocabulary of the previous year plus; lifestyle unexplainable wellbeing isolation loneliness harmfulself-care limited benefit physical/emotional change privacy marriage lovetargetachievementhygiene medicines nutrition consequences | Vocabulary of the previous year plus; puberty menstruation menstrual cycle sanitary towel tampon periodscycle protection hair pubic hair armpit/underarm deodorant brabreastssweat gestation period pregnancy sperm ovumfertilisation eggmisunderstanding substance misuse medicine/alcohol/drugs/tobaccoaspiration reproduction birth  | Vocabulary of the previous year plus; peer pressurenegative pressureconception foetus umbilical chord ovary/ovaries fallopian tube wet dreamerection ejaculation embryo genital organ mature testicles reproductive organsbereavementtransition abuse |
| **Core 2: Relationships**  |
| Foundation Stage  | Year 1  | Year 2 | Year 3 | Year 4 | Year 5  | Year 6 |
| mum dadsister brother grandparents auntie uncle sharing bullying family  | Vocabulary of the previous year plus; kindnessfairnessrelationship feelings sharing name-calling  | Vocabulary of the previous year plus; kindnessfairnessopinion listening caringteasing | Vocabulary of the previous year plus; communicationco-operationrelationship friendshipself-esteemaggressivenegative/positive behaviourtolerance anonymous  | Vocabulary of the previous year plus; considerationpeer-pressureresilience persistence cyberbullyingbystander empathy diversity consequences  | Vocabulary of the previous year plus; collaborationprejudice conflict resolution boundaries gender discriminationpermission seeking   | Vocabulary of the previous year plus; physical contact racial discriminationconfidentiality respectprejudice conflict resolution boundaries consent intercourse communication appropriate/inappropriate  |
| Core 3: Living in the wider world  |
| Foundation Stage  | Year 1  | Year 2 | Year 3 | Year 4 | Year 5  | Year 6 |
| good/bad choice school rules local area money notes coinsbank | Vocabulary of the previous year plus; right/wrongfair/unfair rulesborrowing making choices jobsfact/opinionsame/different  | Vocabulary of the previous year plus; right/wrongfair/unfair rulesmaking decisions local environmentspending/savingbeliefsrace tolerance | Vocabulary of the previous year plus; communities/groups lawsresponsibility local organisations charity  | Vocabulary of the previous year plus; discriminationstereotype financial management extreme views | Vocabulary of the previous year plus; democracy sovereignty dictatorship government monarchy community rolesbudget loan taxinterestdiscount extremism  | Vocabulary of the previous year plus; anarchy United Nations equal rights human rightauthority diverse community financial capability economic wellbeing culturetraditionsenterpriseprofit/lossdebt/interest |